



ERASMUS+

Project no. 2018-1-R001-KA204-049335



**“Incredible Practitioners to empower adults
with disABILITIES through
Education, Employment & Social Entrepreneurship”**

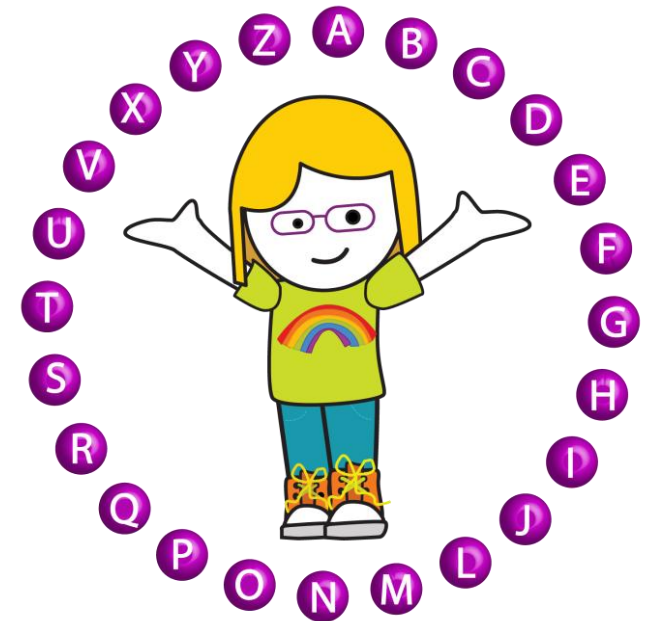
Open mind



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Try it, you might like it!

Write in a word or in a sentence something that is new to you and you have never done before using every letter of the alphabet game.





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Journaling Activity

1. How did you feel during the activity?
2. Has it been difficult for you to propose to do new things?
3. Do you think you will be able to try these new things?
4. Did you do the things your teammate didn't do?
5. Do you think this activity has helped you break down your barriers by your partner?
6. Do you consider this activity will help you to be more open-minded?





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Judge a Book by its Cover

Try to guess the tittle of a book knowing the plot.

- Describe a book a brought from home.
- In turns, will try to guess the title.
- The original tittle of the book will be revealed after everyone have tried to guess it.





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I am not really I into science, am I?

Read the following scientific topics. Now express your opinions in order to generate a debate.

- Turns are no longer than 1 minute.
- Participants will be allowed to make questions.
- Trainers will act as moderators.

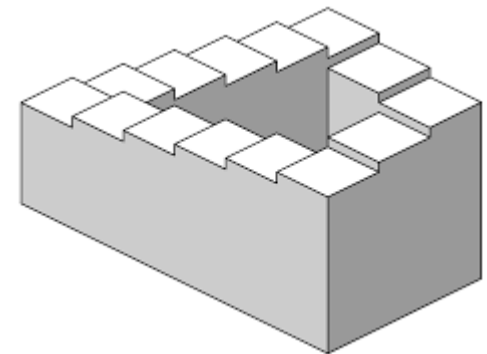




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What do you see?

- Each image will be showed in less than 30 seconds.
- Each participant will write down what he saw.
- Images will be shown again and in turns they will describe what they saw.





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Journaling Activity

1. How did you feel during this activity?
2. Once you recognised one image, was it difficult for you to see what other participant described?
3. Do you think you can apply that in your daily decisions?

