

# *Passion*

Passion is like a mission!

It is something that you know that you were meant to do.

When you are following passion, the ups and downs of life or a business will not get in your way as your passion is stronger than the challenges of your success or failure.

**Follow your passion.**

It will guide you through the rough waters.

## What is Passion? (1)

*“Passion is energy. Feel the power that comes from focusing on what excites you.”*

Oprah Winfrey

Passion, as what the dictionary says, is a strong feeling of enthusiasm or excitement for doing something. It is the very thing that makes you feel happy, the one that will motivate you to become the very best you can be.

## What is Passion? (2)

**Passion is a strong inclination toward an activity that has these three qualities:**

It's something we **enjoy**.

It's something we **value**.

It's something we can **dedicate ourselves to**.

## What is your passion?

Before you can begin building a business you  
love:

***you have to be clear on what you're passionate  
about, what lights you up, and the work you feel  
called to do in the world.***

## Passion = Fulfillement

Passion involves intense and pleasurable feelings arising from engagement in activities associated with a role identity that is deeply meaningful!

If you want to be fulfilled, happy, content, and experience inner peace and ultimate fulfillment, it's critical that you **learn how to find your passion and life purpose.**

# Finding Your Passion:

1. Explore the Things You Love To Do & What Comes Easy to You
2. Ask Yourself What Qualities You Enjoy Expressing the Most in the World
3. Follow Your Inner Guidance (What Is Your Heart Telling You?)
- 4 . Think About The Times You’ve Experienced the Greatest Joy In Your Life